

Daily Reminders/Misc.

- Watch Governor Burgum's special update held today after his visit to Washington DC on May 13. Past updates can be seen on the Department's Facebook page.
- Previous EMS updates are archived on our website and can be found [here](#).
- Reminder: You cannot take care of the world unless you first take care of yourself! If this is something you or somebody you know struggle with, you may want to take in the webinar entitled "**Combatting Cumulative Stress Among Caregivers: Learning the Art of Self-Care**" on Tuesday, May 19 at 1:00 PM CDT. Find the details and viewing information [here](#).

New and Current Guidance/Items of Interest

- ***NEW*** The Instructor Coordinator Refresher scheduled for Jamestown ND on June 4th has been postponed. If Instructor Coordinators have a certificate that expires June 30, 2020, the state of North Dakota will recognize them as active instructors until IC Coordinator refreshers are available.
- ***NEW*** National Center for PTSD: *Managing Healthcare Workers' Stress Associated with the COVID-19 Virus Outbreak*. Find the handout [here](#).
- As of May 12, The National Registry is offering EMT and AEMT candidates the opportunity to take the official National Registry Cognitive (written) examination on their own computers at their home or office via new secure technology. Read about it [here](#).
- ems1.com podcast episode – Inside the NY COVID-19 surge: An EMT shares his experience on the frontlines [here](#)
- What EMS Needs to Know About the Latest Round of HHS COVID Funds [here](#)
- The First Responders Children's Foundation – Individual and Agency grants may be available for first responders and their families who are enduring financial hardship due to the coronavirus outbreak. Learn more about eligibility and/or donations [here](#)
- Interim AHA Guidelines for Reducing COVID-19 Transmission During Resuscitation in Pediatric Care [here](#)

Links

- NDDOH Website <https://www.health.nd.gov/>
- CDC Website <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- International Critical Incident Stress Foundation COVID-19 Resources: <https://icisf.org/covid19-resources/>
- ND HAN Website <http://hanassets.nd.gov/>
- EMS.gov Coronavirus/COVID-19 Resources https://www.ems.gov/projects/coronavirus_covid-19_resources.html
- COVID-19 Peak Predictions <https://covid19.healthdata.org/projections>

Please call us with your concerns! (701) 328-0707 gets you the Operations Center